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SPEAKERS

Leslie Tagorda

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Hello luminary, it's the beginning of 2022. And I'm sure you have a lot of goals on your mind for all the things that you want to accomplish in this year. But what is that energy, that foundational energy, that solid energy that you need to build upon in order to accomplish those goals? That is where Capricorn comes in. In this episode, I'll be sharing all about Capricorn energy. I'll be taking a step further from an episode from the beginning of last year, where I talked about Capricorn in the midheaven. But we'll be getting down to the bones of what you need in your business to accomplish anything that you set out to in your ultimate mission in your business for 2022. Welcome to the savvy luminary podcast astrology for entrepreneurs. I'm your host, Leslie Tagorda, creator of the Astro brand method, business astrologer, grand designer, author and Aquarius boss woman, I help visionaries, spiritual entrepreneurs and impact makers like you illuminate and amplify your unique star powers. So you can be the luminary you were born to be. Hello, hello luminary. It is so lovely to be back. Happy New Year. And if you're listening to this on Wednesday, happy tale and of the new moon phase in Capricorn. Wow, what a wonderful way to start the new year. I've missed you. Since I've been taking a few weeks off. You know, my team and I are working just to the bone. Getting everything prepared for our year end offers with 2022 in the stars. Thank you so much to everyone who has purchased 2022 in the stars. I'm so excited to guide you throughout the year. And part of that bonus for 2022 in the stars was a New Moon ceremony that I want to tell you all about. But going back to working to the edge to the brink and then falling in exhaustion to have a break and having a break a nice break. Not only having a break, but then just being sick the entire time. Okay, I'm knocking on my little my wood desk here because although I was battling a cold the entire holiday break. I'm so glad that I've been safe so far, my family and I have been saved so far from this new Omer con variant. It's like, how can we just take a break from all of this? I don't know if you're like me, but I'm just so ready to be just done with this. But I think the astrology of the time is really showing us all these things. How about how we are on this break, right? We're still in that Saturn Uranus Square that will be in effect for a lot of this year coming super close in October, where Saturn and Uranus is showing us where our system is that we have built. Those old structures that we have put together just don't fit us. And you've probably realized what you are over overing we've been talking a lot about over overing in my communities, especially for our new moon ceremony, whether we are overthinking or overworking or overdoing or over giving. So Saturn in your rawness is really asking you what

are you over overriding? And how are you going to integrate that into your ultimate mission those goals that you set out to accomplish over 2022 And then we still have that Venus retrograde. Venus retrograde doesn't end until the end of January. And we have our midpoint of the Venus retrograde happening on Saturday, January 8. And it's during this kind of first phase of that Venus retrograde before we get to that midway point where the Venus meets up with the sun, where we've been really revaluating what's important to us? What do we want to connect to? What do we want to attract and things have changed and shifted undoubtedly for you over the last two years. So when you're creating your goals and your intentions for the new year, really integrating what new values have shifted for you? For me personally, my values this year really are being focused on self care and healing. Because I did not rest enough last year, I did not take care of myself, I worked too hard, I gave too much. And I just can't sustain that right? Capricorn, an earth sign that we'll be talking about, is about that tenacity to continue and challenge and stretch and accomplish. But there is a limit as to what we can stretch into, like feeling just the right amount of stretch and challenge and not overdoing it. And so at this season, I am not here to teach you how to set a goal, I am not here to encourage you to create an intention, I know that you are already doing that. But what I want to challenge you at this time of year when we are setting our goals and setting our intentions is to really think about that feeling that intention that you want to create. Because if you've learned anything about the last two years having these concrete goals and concrete metrics to live up to really sets most of us up for failure. And who wants to feel like a failure in 2022? I certainly don't. So, if you're struggling with setting goals, or your goals feel like very specific and too rigid. Although you know, we've all been taught in business that we should have very specific goals in our business so that we can attain, I want you to just like strip all of that away and get to how you want to feel this year. What kind of impact do you want to make? What kind of connections do you want to make? What do you want to attract more of? And what do you want to do with less of those are kind of the big energies and intentions that we want to set for the new year. And you know, you've probably already did this because we had our New Moon on January 2 read at the very beginning of the year, so you probably already have done your new moon intentions. If you haven't done them, it's never too late to clarify an intention. Of course, you already know if you've been listening to me that I am a fan of new moons. New Moons are my jam, because new moons are the time when to co create to co evolve with the power of the moon. For millennia. Everything on this earth has co created and CO evolved and grown with the power of the moon. And in the darkness of the moon, like our new moons is a time where we plant our intentions into the dark soil to take see to take root. And so I mentioned earlier in one of my recent episodes at the end of the year that Natalie Miller and I were co authoring a moon rituals book for entrepreneurs and changemakers. You might know this that last year, I wrote a book for 2021. Looking at all of the new moons and how we can create more rituals and intentionality in our monthly practices that help clarify all of our intentions for our businesses using the power of the moon. Well, this year for 2022. I brought on now Natalie Miller's so that she could help me co author and we wrote this beautiful book, we got it done before winter solstice, we put it to the distributor so that we can get this all out to you for our very first New Moon. And I don't normally swear but fuckity fuck the distributor, Ingram sparks totally screwed us over. So we had all of the files uploaded so that it could be distributed on the solstice, December 21. I checked back every day every day to see if my title was pending when it was going to be approved so that we could like send this out into the world so they'd be distributed to all of the different retailers and digital retailers across the globe. Well, every day I'm checking but then we get closer to Christmas. And like I said, I got really sick. And I didn't check again. Like from Christmas until January 1. Yep. It was January 21. I remember because I finally sat down at my computer on Saturday night to check my emails even though I wasn't going to I was going to go on a digital fast but I was like no, I gotta check my emails. And I headed over to Ingram sparks that the self publishing distributor and my title was canceled. Oh my gosh, I

have never been so furious because I didn't get an email notification. I didn't get anything and there's no way to contact Ingram sparks except through their support forum. And you know, lo and behold, three days later going back and forth with support asking them to, I'm asking them to escalate this and elevate this and prioritize this because it was a very time sensitive title. All he could tell me was, we'll bring it to our integrity team and get back to you. Well, just today, and I'm recording this on January 4, the integrity team, and I'm using my fingers with the quotes, said, your cat, your title was canceled on on December on December 29. Because the ISBN which is those the numbers that they used to track and catalog books belong to a different publisher. And I was like, Well, why didn't you tell me this, I got the ISBN from this publisher that I used before I bought this ISBN, I don't understand I could have problem solved it, nothing. And then they're just we'll refund your setup fee in the next seven to 12 business days. I'm like, really, that is how we're going to be doing business with Ingram sparks. So I'm sorry to just share this and get so heated up with this. But needless to say, you can see that my energy level was really disappointed because I wanted to get this book out to you in time for you to be able to harness it for the first New Moon on January 2. So Natalie and I made an executive decision we've we are forgoing distribution through Ingram sparks, and we are just selling a book on my website. Now, there are 25 More lunations left in 2220 22, including 12 more new moons, and its wealth, more full moons, all beautifully documented, beautiful, and with beautiful reflection questions to help you really harness the power of the moon, in your work, whether you are an entrepreneur, or you are somebody who works for somebody else, but your work is part of your purpose, part of your contribution back into society into the collective. This book is for you. I have been using Moon rituals for the last I don't know, seven, eight years and my life has changed significantly. All because of bringing awareness and conscientiousness conscientiousness into my work and planting seeds of intention with the power of the moon. So if you're interested in buying this book off just my website with a beautiful PDF version that you can print or you can download however you need. There's lots of room for journaling. If you decide to print them, head on over to the [savvy luminary.com](http://savvy.luminary.com) forward slash Moon rituals book and grab your copy co authored by myself and Natalie Miller of mind witchery. Again, new and full moon rituals for entrepreneurs and changemakers. The 2022 edition is now available for download for only \$22 at the [savvy luminary.com](http://savvy.luminary.com) forward slash Moon rituals, book. Rituals is plural. Okay, back to Capricorn. So the first day back to work on Monday, moon day, I had an opening new moon ceremony that was gifted to everyone that purchase 2022 in the stars. And I had my Capricorn Moon soul sister, ASTRA frost doing an opening ceremony and an energy healing for all of us in attendance. And all I can say it was that it was just so powerful. I don't think I've ever been in such a powerful ceremony before you could just feel the energy. Because as Ashley was saying is that she works with cycle breakers. And for me, I like to work with visionary changemakers. And so in circle at that time, we decided that we would be cycle breaker changemakers meaning that each individual that was attended at that attended that circle would ripple out fourth, there are things that they were going to break the cycles and how they were going to make change. And so this wasn't what wasn't a normal New Moon ceremony. We didn't necessarily set intentions but what we did set was mantras and a new belief set. It was just so interesting because what most of us were giving over was this idea of over responsibility. I had been calling it over overing like I just so over overreaching, and we all decided what we were over. And so I wanted to kind of share this four step process with you, because I thought it was so powerful that I just didn't want the people who attended the ceremony to have it. And so why this is so important to with this kind of four step process is to create a solid foundation on which all of your goals and all of your intentions can, can grow over the year. You've been listening, you might have been listening to me for a while and you know that I talk about Capricorn and I talk about Saturn as not being the the, the just the naysayer and the boundaries that keep us bound up. I don't see Saturn and Capricorn in that way at all. Instead, I see Capricorn as the structures like the skeletal

structures in our bodies that allow us to have shape to have form. I often talk about Capricorn as the beautiful trellis on which a jasmine can flourish. Because if you've ever noticed any kind of vining plants like Jasmine, I just love Jasmine because it smells so beautiful. And it's so decadent. When it's grown in the right conditions, that Jasmine needs something to climb on. It means that trellis and when it has that right trellis, it takes a shape, it's no longer scraggly, but it takes shape on top of that trellis. And it can grow and flesh out and be abundant upon that trellis that gives its form that allows the Jasmine to grow and to reach for the sun, which is a star. So Jasmine reached for the star for our star. And so that is what that Capricorn energy is. So in our new moon Capricorn ceremony, we practice this four step process to create that solid foundation so that we can all reach our intentions and go with the flow of how our goals will shape shift over the year. And so what this foundation is, is a mantra in a one word mantra that serves as the seed of everything that we need to tap into for this year. And accompanying that mantra is a belief set of beliefs that is fully empowered, that starts to when repeated over and over and daily seen and daily spoken, that starts to replace all limiting belief sets. Okay? And so if this sounds interesting to you, I want you to just take note of these four steps and see how you can play with it. So I'll go through the each of the four steps really quickly. And then I'll talk into detail about each of these four steps. So the first thing we wanted to look at was, what are we over? What are we done with? Done with doing whether it is over controlling, or over responsibility for others? Or over giving or over working? What are you over? So getting clear on what are you over? Then the next thing that you want to do is to flip it? What you are over what you want to release and get over? And what do you want to bring in? So we can look at? What are your over? And what do you want to bring in as kind of opposite ends of the same coin? So what do you want to bring more in into your life? Okay, so step one, what are you over? Step two, flipping that on the head? And what do you want to bring in more of in 2022? Step three, is to look at that old belief system, that limiting self belief system that you have learned that you have been told that maybe you have inherited, that kind of fosters that overworking That's step one. Okay. So what is that old belief system, and then taking that old belief system and then turning that on the head to create a new belief system, the new belief system that will replace the old belief system, the new belief system that turns into a mantra that you repeat to yourself until you fully embody it until you fully believe it. So you can dismantle the old belief system. So, to go back, I'll give you some examples. So number one, what are you over? So for me, number one was I am over overworking. I've been working in 2022 2020 and 2021. I've been working so hard with just my eye on success and achievements and reaching more people that I completely forgot to take care of my physical health, my emotional health, my spiritual health. And so for me, I am over working. That is what I want to let go. So when I think about overworking, and I flip it on its head. For me the opposite of overworking is restoration, regeneration, rest, not working, learning how to play. And so for me what I want to bring in all of those things play emotional security, emotional health, physical health, vitality, working on my inner child, all these things that I want to bring more of in this year. I'm calling it, I distilled it into one word, and I'm calling it regeneration. Okay, this idea that I already have the capacity to self heal, to regenerate, to grow back when I rest, okay. Now, the old belief system that was feeding, my overworking was that I have to work hard in order to be worthy, in order to be successful, in order to be validated as a woman of color, as an older woman of color as women of color that is that has you know, as a little bit overweight, that I have to work extra hard to be accepted to be to have this sense of belonging or worthiness. Okay. And then so I want to let go of this old belief system that I this limiting belief system, that tells me that I have to work hard in order to be worthy. Okay, the new belief system that I want to flip that in the head, and I am still working on how to distill it to make it more potent and short. So bear with me, okay, so I'm just sharing with you the thought process, the the process that I go through, and showing you that I'm giving myself permission to like, not be perfect, and not to have it completely figured out before I share it with you. Okay, that's where I'm getting over the

overing. And so with this new belief system is that my new belief system is that the more that I work on my emotional, and spiritual and physical well being, the more my energy will resonate, and ripple out for more impact. Meaning that the more that I rest, the more that I regenerate, the more impactful and successful I will be, oh, actually, as I'm talking this out, you're actually helping me distill my, my mantra, my new belief system, the more I arrest and regenerate, the more impactful I will be, ooh, I just gave myself chills. So I'm curious how that could work for you. And if you see how this kind of four step process where now I have this seed, the mantra word, the single word, regeneration, that's my word for this year. And then my new belief system which turns into my mantra, the more I rest and regenerate, the more impactful I will be that these two things that single word, and that short, short ish mantra is my foundation that sets up all of my ultimate goals and my work for this year. What does that feel like for you? Like, that is like totally evolved Capricorn. Like no more like all this, like gross Capricorn from from like those old like, top down structures. There is like an authority figure and it's not you. That's like the old dying Capricorn. But you can see how the new Capricorn we can build our own trellis however we want it. So let me know how that sits for you. So I wanted to share more about the Capricorn archetype. For more details, you can head back over to Episode 51 That was released in January of two 2021 called Capricorn and midheaven. Committing to your ultimate success. In there, I share the planets, planets, if you have planets in Capricorn. Those are your gifts that you have to use with responsibility. And then I talk about Capricorn by the house because even if you don't have Capricorn like a planet in Capricorn, you still have Capricorn somewhere in your chart, by house, and wherever you have Capricorn, by house in your chart, it shows you where you need to bring in more focus, more responsibility, more tenacity, more dedication, more prioritization, to really build out all of those structures to help you see yourself as successful. So today, I won't be going by planet or by house, because this is going otherwise going to be a really long episode, you can head back over to Episode 51 to get that information. But what I wanted to share with you is more about kind of how I see this archetype evolving in our businesses and how we all have to tap into the Capricorn archetype in our business. And I wanted to share with you if you maybe have some wounds in Capricorn, how we can kind of take a look at some of this. I'll also be answering a few questions that the members of my free Facebook group the savvy luminary have dropped in about the Capricorn archetype. So Capricorn archetype Ha, you know, we have so many planets right now in Capricorn, we have Venus, we have Pluto, we have the sun. Who else do we have in Capricorn right now. Mercury is in Aquarius, but at the end of the month, Mercury will be going retrograde will he'll be coming back or it'll become Vail becoming back Mercury is non binary. So mercury, they'll be coming back into Capricorn later in the month. And you know, we had a whole lot of Capricorn last year and so Pluto is going to be in Capricorn all the way into 2024. And so wherever Pluto is, it's really transforming. Now, a lot of us just like how Saturn has a bad rap, people get freaked out about Pluto. But there's nothing to be freaked out about Pluto, because all Pluto is doing is doing that. That transformation process that death process where we are letting go, detoxifying, purify, purifying, and distilling to a better essence, a highest version of us. So yeah, sometimes it can feel challenging, and it can feel painful. But remember that the faster you recognize the transformative powers of Pluto instead of trying to fight it and resist it, because let me tell you, if you're going to try to fight Pluto, you're not going to win. Right? Pluto is always going to win. It's always going to blow things up. If you're if you're not working with Pluto, it's going to blow things up. But if you choose to be friends Pluto if you choose to recognize and be grateful for Pluto's transformative work into distilling you to your essence that ultimately puts you on your higher path. And that's where the magic happens and where things don't feel so uncomfortable. Because you're surrendering and you're going with the flow of Pluto. Okay, so Pluto for all of us collectively, you know, the United States is having a Pluto return this year, Pluto takes 280 some odd years to go around, around the zodiac. And so Pluto coming back to the place that it was in the United States. When you know, like on that July 4,

where you know, a lot of astrologers will give the birth stamp to the United States. Pluto coming back here is really challenging us to transform. It's really challenging us to the idea of what it means to be responsible, not just to the top 1% But responsible to the people and in our personal lives and in our businesses. For us personally. This Pluto in Capricorn is really transforming the way that we see ourselves as authority figures or experts. I know for a lot of us, most of us have a problem with authority figures, right? Maybe like we don't trust the police, or we don't trust other people telling us what to do. And then so when we look at ourselves, we don't see ourselves as the authority figure. But I want to reframe what this authority means if we come back to the roots of the word authority. It simply means being the The author of your own story. And so Capricorn energy in its quest for authority, expertise, and success is really saying, hey, how do you want to be recognized as the expert? How do you want to claim your own authority? What is the story that you want to be to write for yourself? And what are the actions on your ultimate mission, that you are going to deliver on through your business, that you want to be responsible for? Those of you that have that Capricorn moon, you are probably used to an entire lifetime of feeling so responsible for everyone else, and always putting yourself last on that list. But with that Capricorn energy is really challenging you to find that sense of self responsibility. Okay? What will you be responsible for. And so how this works in our business is Capricorn shows us our ultimate mission, it shows us where we need to dedicate ourselves, not just dedication, from like, we're going to be overworking and pushing ourselves too hard. But striking that right balance because Capricorn wants to get to the top of that mountain. Now, Capricorn doesn't want to just go over a foot hill. Capricorn wants a challenge, but it wants the right kind of challenge. That kind of challenge that stretches us the kind of challenge that pushes us to do even better, the kind of challenge that like sharpens us to our true expertise. But now if we're continuously doing this without resting without regenerating without restoration, then we don't have the sustainability to hold it out. Okay, that's where we start to overwork and overdo and overcompensate and be over responsible for others. And so fight striking that right balance in your business of just the right amount of stretch, right? Like, I don't, I love massages. And the thing that is just drives me bonkers about going to a massage is when somebody is not putting enough pressure on where they're just like not getting the right spots. And they're just like, not like using the right kind of like movements. And even if I'm very vocal in terms of like what I want and where I want people to focus on and where I need to be stretched and where what muscles need tending to, right. And if a if a suit, my suits is not giving me what I need. It's very frustrating. Or on the other hand, if they're like really too powerful, and they're not listening to you say, Hey, let up not so much pressure. It's finding that right balance that Capricorn wants. So in your business, depending on which house you have, that is where you're supposed to bring in more focus, because focus on the containers that Capricorn builds. It's not about saying no and restricting, but it's about actually creating the containers and the focus and the prioritization, that allows us for freedom. I've been just talking to so many clients who are finally seeing that these boundaries when given the permission to do just one thing a day, how they can do such an amazing job focusing and prioritizing on that one singular thing. That is the power of Capricorn. So we're thinking about your ultimate mission and your business, just like I mentioned in Episode 51, we talk about our midheaven because our midheaven that cusp of the 10th house, Capricorn rules, the 10th house is what we are here to deliver on. Yes, this is this uniform, some of our offerings, but this ultimate mission is that bigger thing right? In your brand, you have the what you do so well, you have your brand values. I hope that you have a brand vision, a purpose of what you see in the future and why you are doing things in the world. But your ultimate mission is the change that you are impacting and creating in the world. And when we are creating our ultimate mission, look to your 10th house, look to see what sign is that that 10 pounds, and that's going to inform you on what you're supposed to deliver on in your business that is part of your ultimate mission. And all of your goals and all your intentions should support

the ultimate mission. But remember that solid foundation of all your goals and your intentions comes back to your mantra and your beliefs that that you need to use to create that feeling of success, authority and expertise so that you can run your business in the way that you want to in this year. So, that is quite a lot. So before I sign off for today, I just wanted to answer a few questions that we have from the savvy luminary. And remember again, press pause. If you want to hear all about Capricorn, go to Episode 51 That was released in January of 2021. To hear planets by Capricorn as well as houses by Capricorn. So Karen and Paula both asked, I have Capricorn on my 12th house cusp, it seems kind of an odd energy for the 12th house, could you talk about how it might play out? So I found it kind of humorous that Karen mentioned an odd energy for the 12th house because yes, Capricorn is about responsibility. It's about being the expert, we think about the 12th house, it is that place of deep restoration about retreat, about coming back to the spiritual essence. So for those Aquarius risings out here, who are already kind of like the misfits, or the people that are supposed to be a little bit odd, having Capricorn in your 12th house is say, I'm really responsible to my ability to take spiritual care, to take spiritual healing, to be able to go with the flow, which sometimes Aquarians I don't know if you've ever met too many Aquarians they know better than to go with the flow, right? And so Capricorn in the 12th house is being responsible, getting down to the bones of being centered in your spiritual restorative space, and surrendering to the flow. So Karen and Paula, I hope that that answers your question. Autumn says that she has a Capricorn midheaven my Capricorn mid having people Oh, my goodness, you guys have it. You are here really dedicating your ultimate mission about being able to how being able to prioritize, okay, being able to focus on what matters, sharing and delivering on that ultimate mission of self responsibility. And so I know autumn and she has a soul aligned business, where she's also has a lot of Taurus energy, where she's helping people get more embodied, but with Capricorn on the midheaven no matter what your business is, that ultimate mission that you are making that impact on is getting back to this place of self responsibility, of being able to prioritize the things that are important to you. So with autumn and kind of like Soul alignment and embodiment, the ultimate mission from that soul body alignment is like really delivering on being self responsible, really delivering and how people can tap into their own inner authority and inner expertise to help them in their businesses. Then Mira asks, Capricorn isn't much isn't in my chart, but my 10th house is where it is right? So mirror, Capricorn. Maybe you don't have planets by Capricorn, but remember that Capricorn rules one of your houses and so look to your CUSP lines and see where you have Capricorn. Now it you if you don't have Capricorn, by a cusp sign your Capricorn might be intercepted. And so to access your Capricornian energy and feel like you're self responsible, and feeling like you can prioritize and create structures, you actually have to approach it from inspiration of Sagittarius. So get inspired to tap into your purpose to be able then to have that self responsibility. Liliana says that she has Capricorn in her third house and for those of us that have Capricorn in our third house, yes, this is about being really straightforward and strategic in our writing and our communications and our marketing, you know, really having kind of prioritized 123 Having hierarchy in our writing and just being very pragmatic like Capricorn. But for the people that I noticed in the Capricorn New Moon readings who have Capricorn in the third house, what was really coming through, especially in this season, it was to really focus on your mindset. Third house can really also be about your perception, and what you need to work on and heal in terms of your mindset. So for those of us that have Capricorn on our third house, is really looking at the beliefs systems and the mindset issues that tell us that we have to work too hard. And really looking at that and creating a new mindset that allows us to be our own inner authority and seeing ourselves as already successful, believing in ourselves that we are experts in our own businesses. So I hope that serves you, Liliana. And then Rita asks, she has a Capricorn rising and wants to know of any correlation or special notes with Capricorn rising and the Venus retrograde Yeah, so Capricorn and Venus retrograde as I've been kind of talking about Venus retrograde about

reevaluating what is important to us like our values, our our goals, our impact that we want to have. And so for those of us who are Capricorn rising, and Venus retrograde is is triggering that rising sign or in our first house, this is really re evaluating how we are showing up as our in our roles as our leadership and in our identity, things have shifted, you have new values that need to come through in your leadership and your identity with this Venus retrograde. So anyway, I hope that this serves and just thank you so much for joining me with this first episode of 2022. I'm so excited to be back. If you have questions that you would like me to answer in this podcast, please join my free Facebook group, the savvy luminary, or follow me on Instagram and send me a direct message. I'm trying to mix things up for this year with a balance of inspiration and spirituality and more astrology teaching. So I'm super curious as to what you want to hear more of as we start to circle into our second anniversary of the savvy luminary podcast. Of course, you know that I love it when you leave me a rating or review and share this with your business besties because I know that I'm supposed to reach at least a million people this year with the star wisdom of astrology in our businesses. And lastly, just a reminder, if you are hungry for moon rituals that you can use in your business to create easeful impactful, but abundance in your business. Head on over to the savvy luminary.com forward slash Moon rituals book and get your PDF ebook version for only \$22 co authored by myself and Natalie Miller of mind victory. So thank you luminary for joining me. My heart is so full right now. So soon. If you love this podcast please consider doing me a favor and heading over to Apple iTunes and leaving me a rating and review. Your rating and review helps this humble podcast get seen and found by more listeners like you. Please share the love