

# TSL153\_ InterviewwithKlarrisa

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## SPEAKERS

Klarrisa Frank, Leslie Tagorda

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**L** Leslie Tagorda 00:06

luminaries, I have a very special episode with you today I'm joined with Clarissa Frank, and I'm just so drawn to her work. She is a mixed Asian and she talks about leadership and identity. And you know, I am a mixed Asian as well and always like searching for the idea of like, who am I and how am I supposed to show up? So I hope this episode serves. Welcome to the savvy luminary podcast astrology for entrepreneurs. I'm your host, Leslie Tagorda, creator of the Astro read method, business astrologer, brand designer, author and Aquarius boss woman, I help visionaries spiritual entrepreneurs and impact makers like you illuminate and amplify your unique star powers. So you can be the luminary you were born to be. luminaries I am so excited to bring on Clarissa Frank, we've been working on collaborating for a while quite a while right now. She's a Scorpio Sun Aquarius moon and rising leader, originally from California and now making a beautiful living in Amsterdam. Welcome, Klarrisa.

**K** Klarrisa Frank 01:17

Hello, Leslie. Thank you for having me. I'm glad we finally made this happen.

**L** Leslie Tagorda 01:21

Oh, my goodness. Yes, it is Aquarius season and you have so much Aquarius in you with your Aquarius rising and your moon.

**K** Klarrisa Frank 01:30

Yes. And I didn't know that much about it until talking with you more and more and learning about it. And yeah, and how it works with my business. So and I'm still learning more and more about it.

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Leslie Tagorda 01:40

It's a lifelong process. I mean, honestly, like knowing as much as I know about my own astrology, I'm always like, stepping more into the highest potentials all the time. So I really wanted to bring you on, especially during this Aquarius season with your Aquarius rising and your Aquarius moon. Because to me, like when I'm thinking about like our businesses, like we both have like this kind of shared mission in terms of like, how do we show up as leaders? And how do we find our own sense of belonging? I find that this has like really impacted my work as an Aquarius as somebody with mixed identity. And obviously, it's done that for you. Could you share a little bit about your work and your journey?

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Klarrisa Frank 02:24

Yeah, definitely. And so I yeah, like you said, Well, before I knew about Aquarius, what I really knew is about my mixed identity and feeling like misunderstood or not seen who I want to be seen as, or, you know, what I felt like a leader should be because that's what you you know, you see a certain leader archetype in the media in the world, I felt like, I'm not gonna, that's not me, that's I like, I'm more quiet, I'm more reserved. And so yeah, maybe I can't be a leader, because that's not you know, how leaders show up that's kind of in my journey is like figuring out, you know, my identity. And actually, what does leadership mean to me, and so that's a little bit about the work that I do now is helping leaders, you know, really step into, and find the parts of them that are ready to shine that are ready to be out there and be recognized. And so that they can be seen as experts and things as well. And, yeah, and because what I've seen in my own work and stuff is like when you're seeing when you're sharing your gifts, sharing your story, people start to see you as that authority as an expert. And then you get opportunities like this, to kind of get on podcasts, maybe, or write articles, or, you know, I've been asked to speak at conferences, and for companies that I had never even heard of, because I was just sharing my story and sharing my expertise of my identity of who I am basically. Yeah,

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Leslie Tagorda 03:45

I just I love that so much. Because what I really wanted to, you know, like, kind of, like an overview of what I'm really hoping that listeners really get into is this idea of identity, this idea of leadership, and this idea of belonging. And so I wanted to explore those kind of three concepts with with you, Clarissa, and to share with with luminaries because I feel this sense of identity is really hard to get into, especially for people who are of mixed identities or marginalized identities. There's all this kind of societal and systemic impressions that are coming on us. And before I jump into that, I want to talk a little bit about Aquarius. And why this is so important right now like to just kind of put that the foundational framework, so you know, the Aquarius archetype that we've talked a lot about in your Astro brand session. Aquarius is like the innovator like we hear it as like that innovator archetype or that rebel archetype. And traditionally it's ruled by Saturn and, and modernly. It's ruled by Uranus. And so we think about Saturn as the Traditional ruler like Saturn loves to create boundaries, it loves to create foundation, it loves to create systems, it likes to create hierarchy and the idea of authority figures. And so Capricorn in both Aquarius are ruled by Saturn. So the Capricorns are like okay, let's follow the the rules and let's follow go by the book and like create these like authoritarian systems that, you know, obviously, haven't really been working as like the world has become more diverse. And then the Aquarian aspect of that Saturn rulership. It's like, okay, well, now

there's this box, and there's people in the box, and I'm outside that box looking in, like, how can I get in that box? Do I belong in that box? Like, I want to belong? I want to be part of that group. But then on the other hand, I want to break free from that group, because like, I don't fit in, I'm different. But how can I still find the sense of belonging? Right. And that's where if we have a strong Aquarius identity, whether it's Sun Moon Rising, or we have a stellium in Aquarius, for those of us that have that, we're always exploring this place of like, Wait, do I fit in, like I need to fit in, I need to be part of this society. But like, people just don't understand me. I'm just too weird. And I see this Aquarius, especially Aquarius moon, and so many people that have these next identities, like, Where the heck do I fit in?

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Klarrisa Frank 06:24

Yeah, that's, I'm smiling because you're describing me to a tee. And I think I said that during our session as well. And so yeah, it's super interesting that you find that, yeah, and other mixed charts are charts of other MCs people.

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Leslie Tagorda 06:37

Yeah. So tell me how what what does it mean? Like? How do you identify as somebody who's mixed? Can you share a little bit of your background?

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Klarrisa Frank 06:46

Yeah, so I've played around with words a lot. I feel like, especially since high school and starting with, like, I'm half Asian, and probably still using that through college, half Asian, half Chinese, and then more as an adult, saying, like, I mixed and identifying as mixed Asian, and also pulling in other parts of what that means not just raised in culture, but like also, well, you know, other stories, like my mom is an immigrant and like how, you know, being the child of an immigrant impacts you as well. And being, you know, looking at other parts of my identity, like my education, like being the first person in my family to go to university. And these kinds of things, I think, like, now, when I view my mixed identity, it is like about race, and ethnicity, but it's also about like, actually, like using the term, I found someone who will have to find their name, but they use the term multi, and I like that even more, because it's like, multi, because I can wear a multitude of identities and ways of being in this world. And I think that's where I'm moving more towards is like, Okay, what is my multi identity look like? And it's Asian. It's now I'm living in the Netherlands, in Amsterdam. And so, you know, now it's a little bit of Dutch snus, that I add to my life, my partner is from Barcelona. So he's Spanish and Catalan. So he's mixing his own way, I guess. And, yeah, and adding that. So it's like, as an adult, realizing like, okay, yeah, this is how I was made. You know, I'm one parent, there's one parent that, but now, yeah, my mix snus has as an adult, it just keeps, like adding new layers and seeing them as more beautiful. And I think that's one of maybe the beautiful parts of having growing up mixed is that like, Okay, I know that this, like, just adding on makes me more complex and which can be hard. Yeah, like learning. Like, being like, It also expands me also expands me to more opportunities, cultures, people follow those things as well.

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Leslie Tagorda 08:52

Yeah, I love that word, multi. I remember and, like, that's, that's one of the kind of terms that I use a lot too, in terms of like us being like, multifaceted, right? There's this, like, when we think about like, this sense of identity and like, you know, before, like, even on just kind of like surveys, like you need to like pick one identity like one race. And I was just like, well, or one gender, even like those things are changing now. Right? Like there's like non binary genders. There's forms where you can select more things on a list of racial identities. But, you know, this sense of like mixed identity really comes back to our very first experiences like in our families with our primary caretakers. And if we are that kind of idea of mixed blooded, right, if we are, have multiple racial identities, sometimes our families don't even know how to support somebody. They're their own children that have mixed identities. I've heard of just so many stories, and even just me personally, like I'm half Filipino and half Jewish And, you know, I was not Filipino enough for some of my family and I was definitely not white enough for some of my family. So like not like, you know, like not identifying being really disconnected from both until just much later in years and how that kind of resolution that inner those basic needs as a child of not being accepted in either or how that really impacts and creates these patterns in these frameworks that we still are trying to resolve in later life. And so it comes back to finding that sense of belonging. But as we become grownups, even if we didn't get that sense of belonging from our families, how do we now create our own sense of belonging, I think is like one of like, the ultimate themes that I see you doing in your work, even if you maybe haven't put those words. Exactly where

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Klarrisa Frank 10:55

Yeah, no, no, exactly. I think, yeah, I said, I've said this to you before, but something I tell my clients all the time is like belonging starts with you. And I think that's true. Belonging is true of leadership, as well as like, when we feel that blogging, blogging is essentially connection, when you feel that connection to all the parts of you and all, you know, the broken and the hole and the you know, the client slightly shattered whatever parts of us, when you start to feel like connected in compassionate and loving towards those parts. I feel like that's when you feel blind to yourself. So it does, as I say, it starts with you. But also it feels like, Oh, I've I feel more like confident than there has to be a better way. But more assured I maybe to like reach out to someone else. Or others or communities.

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Leslie Tagorda 11:46

Yeah, like more centered and grounded or whole in how you want to show up versus allowing other people to define how they see you. And yeah, right. Do you feel that that kind of like that belonging starts with you, it's like you decide how you want to show up?

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Klarrisa Frank 12:06

Exactly, because I think what has sent me into hiding in the past is because, yeah, I just got overwhelmed that people like are always defining me, for me, they're always, you know, just even in passing, like in the shops here, you know, somebody's asking where I'm from and missing. I'm American, but then they don't believe me, because I don't look like the typical American that they have seen in movies or TV shows or whatever. You know, where are you from? Yeah, exactly. It's like, Oh, I thought I was gonna get away from that question moving

abroad, but here we are. No, but I think, yeah, so going back to Yeah, that sent me like, into hiding for a while, because like, okay, you know, who am I actually because, like, people tell me that I look to Asian to white to this to American to not American enough. You know, it, I really needed to find like, and connect to like, who is Clarissa? You know, how does she actually want to show up in the world? And, yeah, that's what I love doing with clients. That too, is like, you know, who actually are you? What's the piece of you that wants to shine through right now? And yeah, how do we get

**L** Leslie Tagorda 13:17

there? How do we, how do we get there? I know, like, even you know, if you're listening, and even if you're not have mixed identity, you've probably had those kinds of questions posed on you. And when you know, when you're allowing other people to define your identity, you know, that it never goes to that wrong place. Or, and also an and on the other hand, it's like if we're not willing to look at all of those, how you lovely lovingly put it clear. So like all of those, like unwhole, or even shattered parts of yourself, then we're missing this whole piece of ourselves, if we're not really willing to look at those kind of like broken pieces and how they are part of our identity, which then shows us how we're going to be visible, that shows us how we're going to find our own expertise and claim that expertise, which then leads us to our authentic leadership. And so all of these things, that pathway from like, how do we decide how we want to identify all of those unique differences, all of the perceived positives and the perceived negatives that like make our whole identity and how that leads into our natural expertise and our natural leadership? I see it as this like Coulier pathway. Do you see it that way?

**K** Klarrisa Frank 14:41

Yeah, and no, definitely. And I like how you said Yeah, even for those of you that are listening that are not mixed, I think like this is gonna blow toot our own horn. As mixed people you know, working as coaches and you and your unique work in mind and in my own is like we've grown up being able to see like all different kinds of perspectives and all different kinds of ways of being. And so like being able to, if you can't see that for yourself, like being able to, like have somebody that can see all those things for you is like super helpful. And to help you, yeah, just an earth some of those things that maybe you don't see in yourself quite yet.

**L** Leslie Tagorda 15:18

But now, you've also defined these other ways that even if you're not like mixed racial identity, how we can have these kinds of multi faceted leadership, or this feeling of an outsider looking in, right, like you've defined, can you tell us how you've defined that in your work now expanding past the multi Asian racial identity?

**K** Klarrisa Frank 15:42

Yeah, exact. So when I first met you, I was working primarily with mixed race, Asian women, well, mixed race women, and just essentially, mostly, we're just white. And now I've expanded, I'm starting to use multicultural, the word multicultural, to define who I work with, because I

have a lot of clients here in Amsterdam, who are immigrants and expats, who, you know, come from one, maybe like country over like Germany, maybe. So they seem very similar to here, but they're still like, struggling with how to, you know, stand in their own, in their own leadership to find belonging here and another lens, without, you know, sacrificing their culture or their values or who they are by, like, still trying to fit in and trying to make a life here, right. And so that's something I help people with. And then I also have a few handful of clients over the past year that have wanted to transition industries, or, you know, jobs. And I feel like that those are different cultures, when you move from nonprofits to corporate or vice versa, or, you know, you move from corporate into starting your own business, those are also like ways of crossing cultural lines, because they're all different cultures, right? And like learning how, like, you can still bring the value from your old, whatever job position, whatever it might be into this new culture, and those values that you valued from maybe like working in a corporation or a nonprofit, and then how that might help or enhance your experiences in the new place.

**L** Leslie Tagorda 17:20

I just love this idea of it's like, yeah, it's like cross culture, like, how do we create this, like cross cultural belonging, because what I keep on hearing, especially with the Aquarius archetype, and you have Mars on your moon, hanging right out at your ascendant, and it's not about fitting in, it's about still like feeling the sense of belonging? Well, you're like, cross. I don't have the words yet. But it's how would you say it, it's like, it's, you're creating this sense of belonging, not by fitting in, but by being different and adding your unique perspective. Yeah, it's

**K** Klarrisa Frank 17:59

almost like attraction, but like, you know, like, people are attracted to you, because of like, your shine your uniqueness, and like what you have to offer. Yeah, staying true to who you are. Because it's not, you know, now, I know, like, a lot of us when we're kids, or teenagers, or even as adults, we've had to, you know, forget not forget part of ourselves, but lose, hide parts of ourselves, this sort of looking for a hide for ourselves to fit in or to be accepted or whatever. And I just see a new world where we can just be who we are like our silly, fun, weird selves, whatever that might be, and still find acceptance, because there has to be people out there that will love you, as you are, and see you as a leader for who you are. You know, that's also part of my vision.

**L** Leslie Tagorda 18:48

Yeah. And I think that's that Aquarius archetype, right? That Aquarius archetype, like how you said, it's like, you first have to create your own sense of belonging, you first have to find that sense of self love and self admiration, and that you have to fit into yourself, not trying to conform to somebody else, right, like you're still part of the of the community. And so, you had an amazing question. Like we we kind of pose some questions that I know, is a big question. So sometimes it's hard to find that big question. But we posed a question on Instagram, about, you know, how, like, what do you want to know about multicultural leadership? And you had a great question that came through, right?

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Klarrisa Frank 19:28

Yeah, just looking down here to someone else, how to embrace both of your identities or your multitude of identities while also feeling disconnected from both. I was actually going to ask that ask you though, because when you were sharing your story, I'm curious, you know, how you dealt with it, but I can also share some of my perspectives as well. But

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Leslie Tagorda 19:47

yeah, so I think we both decided that we don't exactly have an answer. But we have some like ideas for like reflections right. And I know with My multicultural identity, and there's just like so many identities, right? It's not just like a racial identity we have like, body identities like gendered identities, age identities, there's just like, a multitude of things. But if we're focusing on just kind of our racial or cultural backgrounds, like, how do you embrace both identities when you feel disconnected? Well, me personally, like this has been a terribly long journey. Because, you know, initially, I mentioned that I'm half Filipino and half Jewish, and I was raised in Hawaii. And both like being Filipino, and both being Jewish, were things that up until very recently, like, I'm talking like, 2020, like, it's already like, really, really, really recently, until I had the language for it, I was actually really ashamed of being both in Hawaii like the Filipinos, like there's like this massive class system in Hawaii, just based on like, all of the plantations, which were based on colonialism. And you know, like the product of colonialism is to divide and conquer. And so, because there are more Asians, and there were of, you know, the managers and the oppressors, they categorize the different Asians and paid them different wages, so that they could separate them and that they wouldn't come together. And so the Filipinos were like on the lowest of that wage scale. And so it still is impacted in some of the culture in Hawaii today, where Filipinos are not necessarily regarded as like a higher class citizen. And I really impact like, felt that my grandmother wouldn't teach me how to speak Filipino because she didn't want me to have an accent, like, so I don't know, my my language. And then on the other end of like, the Judaism, I mean, just like, I was really afraid to tell people that my mother was Jewish, just because of all of the anti semitism. But there still

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Klarrisa Frank 22:00

is. Yeah, I can imagine. Yeah, yeah. So

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Leslie Tagorda 22:03

only in the last couple of years, did I learn these idea? There is a term called colonial mentality, where the definition of colonial mentality is that you are part of an oppressed society. And then you begin to think that that that culture is not valuable, because you take on the thoughts, the mentality of the colonial settlers. And so that was something that I really had to get in touch with. And then my friend, Asha, frost, too, is an indigenous medicine woman. And she teaches people how to get in touch with their ancestral roots, did I really start to see the richness and like, learn about the richness of the Filipino culture, like pre colonization? And then this idea with coming back to my Jewish roots and saying, like, I can't hide anymore, I can't hide who, who I am like, I can't hide it from myself. And I can't hide it from others. And so how do I become proud and brave, to talk about this heredity? And when I looked about my Jewish background, I found that there is this long lineage of doing new moon ceremonies. And I was

like, Wait, this was already in me. And so there's a sense of like curiosity and bravery and seeing and really getting curious with like, where did these these mental constructs come from? Because I suspect for that person that answered when they feel disconnected. It's like, why did they feel disconnected? Why? Where does some of these ideas come from? Are they their ideas? Or are they society's ideas?

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Klarrisa Frank 23:41

Yeah. Well, you gave it you know it by sharing your story, you gave some really practical things that you can do. One is, like you said, like, what are some of the Yeah, overarching stories that aren't your own that had like stopped you from connecting to your culture, maybe it's colonials and like you, which most of the reasons we're just gonna put that out there. Colonialism. That's what you know, maybe like there's something in your ancestors, if you are able to trace that. So yeah, looking at like, maybe why there's some reasons do you want to keep hidden or are keeping in our field disconnected? And then the other one, yeah, that you mentioned, as well as just like looking into the history of the culture looking into. Yeah, even if you're disconnected them for whatever reason, yeah. Looking into the history of the culture, as well. One thing that came to mind also, while you're talking is like, the beginning you talked about, you know, we're more than just or the racial identity is also like, tapping into our bodies in our five senses. So I would like list out the five senses in like, brainstorm some ways that you can connect to, like, the cultures that you're wanting to connect to and the different ways for me, the big thing is taste and so like I'm really connected to My Chinese side and that way like I cook a lot of Chinese food here at home and everything, but, you know, I get homesick for American comfort food living over here as well as my partner makes fun of me for making meatloaf. He's like, it's just a giant meatball. Is this like what Americans eat? I like it's so good. So good. Potatoes. Exactly, exactly. So for me, it's like connecting to food, even though like, yeah, I feel disconnected from the States. I've been gone for now, six or seven years. And so sometimes they feel for better or worse, disconnected from there, but it's still like part of my culture, part of who I am. And so like, I connect through food that's like how I embrace that part of me when it feels hard or feels. I feel homesick, I guess, ah, I love

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Leslie Tagorda 25:48

the tips that you and the reflections that you offered. And so for, you know, for those of us that do you feel disconnected from our identities, it's like to really get curious, like, where is the disconnect? Why? Why is there a shame regarding some of the connection to those identities? And kind of looking at that underbelly of it, right, that wholeness of it being friends with all of it? And then how can you create some connection through your senses, through food through music, through, like, just learning about those cultures? And just what that means. So we don't have a straight answer for you. But I'm sure that there's a lot of us that are disconnected. And let me tell you, I wish I had these tools. Like I'm saying like, just because of all of like the social justice eruptions that went on the much needed social justice eruptions that have started since 2020. I wish I had those tools sooner, I would have connected to my own inner ancestry sooner. And I really see how connecting to my roots has given me a deeper foundation that allows me to rise in my in my work and in my own leadership.

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Klarrisa Frank 26:59

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Hmm, yeah, I love that. And I also say like, dig into your, it's fine, you know, the places that you want to explore that are interesting to you and make you light up and everything. And if you get stuck, it's okay to take a step back and look at another part of your identity. I think it's sometimes when I'm working with clients, I'm like, Well, what about this other thing that you're like, really creative. And you like to, you know, paint or whatever it might be, or draw or things like that, you know, like, sometimes we get so hyper focused on anything, you know, whatever, whether it's our racial identity, whatever it might be, it's like, okay, but like, let's look, take a meta view of what's actually happening, because there's so much more to your life, and many other things that are happening as well. And so I think, sometimes because people have focused so much on our identity for us, even when we didn't want to focus on it, I think we tend to also, you know, get stuck in that habit or that that mind swirl, because it's easy to do, because people have done it for us. And we had to second guess and question ourselves a lot like just, you know, being present in our physical form. And, you know, it's okay not to have to think about it, it's okay to think about something else, other work or whatever that might be

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Leslie Tagorda 28:09

for you. You have such an amazing approach to discovering one sense of inner leadership. Could you tell us more like, don't you use, like a lot of creativity and art and those fun processes that you have your Leo and your descendant? Meaning you're, you're working also with creatives.

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Klarrisa Frank 28:31

Yeah. So I, I don't it's funny, because I don't necessarily, you know, advertise and market to creatives. But I feel like I tend to attract people who are wanting to put their art into the world or whatever it might be. And yeah, I like to, you know, sometimes if we're like, stuck in something where I'm not getting any ideas or whatever, it's like, okay, let's, let's get it out of a piece of paper. And we'll do like a little triangle drawing and like, you know, draw out how we're feeling right now. Like little art, that's just like a simple art activity that we think of I like to do a game called perspectives Where we take different objects and your favorite foods and whatever and try to create new perspectives of like, somewhere where you're stuck. Where you're like, I am never gonna leave this job or whatever, or because XYZ like okay, well let's see, like, what other different things because there's always a multitude of perspectives to look at and see so I love playing games like that with clients visualizations. I'm starting to get more and more into embodiment and again, like thinking about the five senses and using those when I'm stuck with the client. Okay, like what would if this situation were a big banquet, you know, what would that look like? Who would be there? What would the atmosphere be like? And let's paint that picture. So like, try To get people out of this world of thoughts because I think we get clients that are similar to us. I am like a, you know, squirrel a tornado. Yeah. thoughts and words swirling in my own head sometimes. And so I know how important is to get someone that can be like, Okay, let's look at it from a new, a new window or door or people whatever it might be. Let's just try to get something.

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Leslie Tagorda 30:25

Yeah, well, you know, with your unique you know, your Astro brands, you have your your Scorpio Sun which means it's like at the heart of what you do is just like revealing what needs

Scorpio Sun, which means it's like at the heart of what you do is just like, revealing what needs to come through like doing that deep investigative work using your intuition, and revealing all the shadows that we need to kind of lift up and recognize and then all of your Aquarius rising and your Aquarius moon like that need to be an innovator and to do things differently. But then also, like, you're this just great emotional leader. Like, it's just like, it's so interconnected that I can see how when you said like, it's this tornado of information. It's like, your whole sensory ideas, like your emotional sense, and your intellectual sense are just like so intertrial intertwine even with your physical sense, because you have that, that, that Mars there. But then when I look at your, you know, you have Chiron, also in Gemini, and you've overcome and accommodated so many ways that you were not understood or always like having your words taken out in unexpected ways. You're like, Wait, I didn't see that. And so you have this unique perspective on how to help others find their understanding and be like, understood and being heard in the way that they want to be heard.

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Klarrisa Frank 31:48

Yeah, and I think that, that Kira would after you explained it, to me, I feel like since that point, it's been like a whole journey of letting go of some, like, control I had or want to have control over my messaging and how I showed up in my own leadership and my own presence, because I was getting so frustrated that people weren't understanding exactly what I wanted them to hear, or what I was trying to communicate. And I think, like, since I've let go of that, there's just like this, this freedom there of, of, you know, I'm just expressing myself. Yeah. And if you get it, you get it. If not, then the next personnel click with them. And I don't know, there's just some, some release I'm definitely stress release has like lifted from, you know, showing up social media emails, or even at networking events and feeling like I have to, like give them the perfect elevator speech so that they you know, they like me or that they'll want to, I don't know, if you work with me, whatever it might be. So I belong Great. Then again, but yeah, there's just been definitely shifts since we talked to this past summer. Around that for sure.

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Leslie Tagorda 33:01

Yeah, so we actually had an Astra round meeting and that we've, we met through some other people, but then you wanted to work with me for a few sessions. And I know you were sharing like some of the things with me earlier about how it's been like full circle that you've had a chance to integrate. Can you share a little bit about that experience?

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Klarrisa Frank 33:19

Yeah, yeah, it's funny, I think, two or three people that did first I knew one person and then another person in my circles, that one from you. And then another person is like, okay, then the third person guys like, Okay, this is a sign book an appointment with Leslie right now. And I think what was happening for me, there was a lot of things happening in my personal life that were unsure and my business just wasn't going the way I wanted to. I was like, I need the answer, which like, a lot of times in business people were like, branding is your is your answer is the answer that you need. So I was like, Okay, this could be the answer that I'm looking for. And I loved our session, I learned so much about myself about how I work and what I could be doing. My potential more or less. And I think, what was necessary, though, what I wrote you in, before this meeting was, it is time to integrate it all. Because I feel like you gave me this

beautiful blueprint of like, what's possible for me and what my strengths, my natural strengths, my natural and not weaknesses, but you know, all the weaknesses. Yeah, all the parts. Exactly. And, yeah, you just laid it out all there. And it's funny because like now in my messaging, I've come full circle like I'm using some of the freight I just listened to our recording before we met today. And I'm using some of the phrases and the wording and kind of ideal client kind of messaging that we talked about. I'm using it now because I needed to like really fully embrace that for myself, which is you know, helping leaders get recognized as an authority in their work so they can get more opportunities. And I had to recognize that, like, I have now been seen as a leader and authority and in my work, and I've gotten opportunities from that, and wow, I can help people do the same. And like, I just need to accept and feel that fully for myself before I could actually start telling people, that's what I, what I could do for them as well.

**L** Leslie Tagorda 35:25

I love this idea of integration time, right? Because like, I feel like society has like, created this myth that once you're told something, and it's like a snap of a finger, all of a sudden, it is, and most of the time, it takes just another extra kind of journey. Another extra kind of like, I got to wait for things and just kind of letting things like really settle in to get to that place of reception. And I think you went through that kind of kind of ups and downs of that journey, really like looking at our quote unquote, weaknesses, which just simply show us where we need to give ourselves more TLC and address our needs a little bit better, like weaknesses are not weaknesses, right? It's just like, yeah, oh, I just need a little bit more love here. Like,

**K** Klarrisa Frank 36:12

I feel like, it's funny, because the thing that I want the most was also the thing that I was most scared of, which is to be seen and heard more fully, more authentically, right. And I feel like part of my journey from when we met to now has been like, killing those, you know, better word by weaknesses, you know? Yeah, loving on those weaknesses, those parts of me that were keeping me hidden or keeping me wanting to stay invisible for whatever reason, like learning how to heal those and be with those parts of myself and be like, hey, I want to take take all of me out here and in, you know, be a leader in this field. And so I need to, I need all parts of me to be on board with that. And so like, what is it going to take? What kind of loving and healing do I need for this person to make that happen? And so, yeah, I think they needed I needed that time to do that. Because again, like you said, it's like society is like, okay, yeah, you have like one. Whatever it might be. Yeah. Here's, here's what I there's a yeah, here's one identity that you can be up. But yeah, I think, like I said before, what I've, like loosened my grip in my messaging is like, okay, like, let's try this out. Let's see if people resonate with this. And if it works, it works. And if not, then like, I can just try something now. That used to be the scary thing was like, No, I get to try something new and see if that works. And if that will, you know, attract anyone to?

**L** Leslie Tagorda 37:40

Yeah, there's this like natural evolution. And I mean, you've been doing so much power, so much powerful work, like you work with corporations, you work with individuals. Can you tell us more about what you're doing in the world right now?

K

Klarrisa Frank 37:53

Yeah, so right now, my main work is working one on one with clients, which I, which is what I love right now is I love the intimacy, I love, that we get to go on a journey together for an extended period of time, we get to see like the growth and accountability there. And so I again, I love working with multicultural leaders who Yeah, want to be seen for their authority and be recognized in their field, whatever that might be. So I work with Yeah, change leaders in organizations to people who are wanting to start a business that, you know, they but they need help getting visible and known for what they do. Yeah, that

L

Leslie Tagorda 38:35

that Leo archetype that like heart centered, they want to be so confident they want to shine in their brilliance. And sometimes that's a little bit hard, especially as they're cross. They're going cross those borders.

K

Klarrisa Frank 38:49

Yeah, exactly, exactly it in like I said before, it's like that swirl of thoughts that I think I get a lot of customers clients like that are swirling in their thoughts and especially creatives, like they have so many ideas and and then also doubts it like can this actually happen? Can this actually work for me? Can I actually make money from doing what I'm passionate about in? And yeah, I think I love that. Like, I love seeing the big picture for you and be like, yes, you can make this work if you're ready to like, dive in and and you get you're getting the support you need. Let's let's make it happen. So yeah, I really love that as well.

L

Leslie Tagorda 39:31

Exciting. Well tell us what you're, you have something coming right out. Tell us all about it, who it's who it's for. What do you what are you gonna do?

K

Klarrisa Frank 39:39

Yes, so I have a workshop coming up, which I'm going to give the link for the show notes. So it's on February 17. But the link that I give to you will also get you to the replay if you're listening to this later, but the workshop is called how to align your leadership with your multicultural identity. And it's going from invisible and to tokenize, to being seen as a leader and your work. And so it's gonna be some of the stuff we talked about today, but a little bit deeper dive into, you know, how do you honor your identities and your ambitious goals with out compromising your values, and you know how to get the recognition that you need that you want, but also that you need to get your next foot in the door to the next leadership opportunity, whatever that might be. So you'll be diving a little bit deeper into those as well. And so yeah, that's my next workshop. And again, if you missed that, the replay will be the same link. Or I also have a one on one free call to get to know each other. And it's called the leadership roadmap. And what I like to do on that call is get to like know where you're at right now. What's, what are the

struggles, what's holding you back. And then we build out a leadership roadmap together a personalized one, right there on the call. And, you know, if you we decided at the end of the call to work together, and it's a fit, then great, but if not, you can take my information ideas and run with it on your own as well. So the link for that I think will also be in the show notes.

**L** Leslie Tagorda 41:04

Yeah, we'll have all of the notes in all of these links in the show notes at the savvy luminary.com But if you go to Claressa Instagram, she'll have everything in her bio link and you can find her on Instagram at Clarissa Frank KLARRISAFR A and K All one word.

**K** Klarrisa Frank 41:26

Yes. Perfect. Yes. Thank you so much, Leslie.

**L** Leslie Tagorda 41:29

Oh my goodness. Clarissa thank you so much for sharing your brilliance your expertise and I just love how we are both have this kind of shared mission so that everybody can feel their sense of inner intrinsic belonging so that they can show up as the luminary leader they're born to be

**K** Klarrisa Frank 41:48

I love it so much. Yeah, thank you so much for having me Leslie. It's been such a heartwarming conversation is what I want

**L** Leslie Tagorda 41:55

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