

Star Powered Podcast Episode 5

📅 Thu, Nov 10, 2022 4:53PM ⌚ 51:36

SUMMARY KEYWORDS

cecilia, feel, pleasure, natal chart, business, radiate, astrology, people, work, star, filipino, part, share, masterclass, chart, important, power, world, dive, dismissing

SPEAKERS

Cecilia Villero, Leslie Tagorda

L Leslie Tagorda 00:01

Welcome to Star powered astrology for changemakers I have Leslie Tagorda. Your guide, a Hawaii born Filipino Jewish astrologer who loves navigating visionaries like you to the spiritual journey of your work so that you can be inspired to lead by your chart and become the luminary leader you are born to be. Hello luminary. It's Leslie Tagorda welcome back to Star powered. So today I really wanted to talk about owning your star power. And like, what does it mean to own your star power? Well, to own your star power is to deeply know yourself through your astrology and your experiences, so that you can with confidence Express. No one else in the world does this like I do. And ultimately, this is my end result is for you to feel whole to you, for you to feel healed. For you to feel so courageous and your life and your work completely embodying that your unique superpowers though what you do like no other is your owning your star power. How we get to owning our star power is by intimately knowing and leading by our chart, yes, your astrological natal chart, so that you can see your unique strengths that you are meant to radiate out from within, and to address and acknowledge all of those soft, tender parts you are meant to heal. To get to that confident, acknowledgement, ownership and expression of no one else does this like I do is to do these three things. First, to amplify the natal energies that you are meant to radiate and make visible in your natal chart. Not all natal energies are created the same, then to confidently dive into your highest potential. Lastly, to acknowledge and heal the past patterns that keep you stuck in complacency uncertainty. So let's take a look at each one of these. So when you are amplifying your natal energies, remember that not all natal energies in your chart need to be radiated outwardly. Knowing which are the right ones to express an amplify are crucial to owning your star powers. The energy in your natal chart that you are meant to amplify and to put to the fore to radiate from within is your sun sign. Easy peasy. And it's also easy peasy to dismiss this important vital energy that needs to be visible. Instead of putting it on the backburner. When you dismiss your energies and you put them on the backburner, you are essentially dismissing your superpowers. Oh, that feels so ungrateful. And instead of dismissing this, right, well, when you're dismissing this, you're dismissing your gifts, you're giving away your power, you're devaluing yourself and your work. And quite honestly, you're making things and necessarily difficult in your life and work. So number one, we need to in order to own our star powers, you need to amplify your sun, your natal energy. Now, the second thing to confidently dive into your highest potentials, this can be a very scary thing, right? Stretch potentials are stretched,

because they're not easy. They're new. And when things are new, they can be scary. And so to dive into something that is uncertain, we need to dive in courageously. And of course, we want to make sure that it's safe, right because of course scary of the unknown. Maybe it's not necessarily dangerous. Sometimes it could be. But in your life and your work, your ability to innovate and make change depends on navigating the unknown. knowing which way to stretch with different keys in your natal chart gives you a bit of a security blanket. You can depend on your north node, your midheaven, and even your rising sign to show you where to stretch into your highest self and highest potentials. And then, of course, we have our past patterns, that we are not here to judge instead that we are here to lovingly acknowledge and heal so that we don't stay stuck in these past patterns of complacency and certainty. So instead of me telling you a story of a client who has fully owned and stepped into her star power, I'm just going to introduce you to her because I I have this amazing client, Cecilia Cecilia Vieira. She is the goddess Cecilia, and she teaches pleasure and empowerment. And we got to meet earlier this year, she took a couple of courses for me she took Written in the Stars and star powered position, written in the stars is my introductory how to read your natal chart for for work in business. And star powered is where we start to interpret and dive into specify our unique business position through our astrology. And I saw Cecilia do some amazing things shortly after our time together, and I really wanted her to share her journey with you. Not only does she on Earth and overcome obstacles that stood in her own way of owning her unique identity, she claimed it she spoke to it she changed all of her messaging, and she took the ultimate the ultimate risk in her business. So I want to share Cecilia's journey with you. Now, before we dive into this super fun conversation. I want to remind you that I have a brand new masterclass called radiate that is coming up on Monday, November 14, in this masterclass and this is a completely brand new masterclass. Okay, in this masterclass I want to show you how to activate the luminary leader within what it means to be a star powered luminary five things that can possibly get in the way of your luminary leadership. The one Astro key you must confidently radiate to shine brighter and exactly what you need to do to radiate that because I already told you what that key is, it's your sun sign, and how to know when you're tapped into your highest potential so that you can activate your luminary leadership from within. So everyone head on over to star powered.com forward slash radiate, and register for free today. The masterclass is on Monday at noon Pacific, there will be a replay for a short period of time. And in this masterclass after I teach you these Astro Ahavas. I'm going to introduce and let you in on the secret not so secret vessel that I have cooking up that contains all of my best work for you. Alright, everybody. Let's talk to Cecilia. I hope you enjoy this conversation as much as I did. Got it. You got it all you're like content. Yes. Camera? Yes.

C Cecilia Villero 07:53

Yeah, yeah. Oh, yeah. Um, I feel very of you.

L Leslie Tagorda 07:57

I love it. Oh, my goodness, if I'm gonna just jump right in and just say thank you, Cecilia, for agreeing and consenting to share your brilliant to journey with me and with the listeners of star power. So Cecilia, would you introduce you introduce you introduce yourself and your business? And just like, What the heck you do, because it's quite amazing. Oh, well,



C

Cecilia Villero 08:27

thank you very much. I'm super honored, honestly, that you are having me here. Like chatting with me. And I've tried very hard not to fan girl a little. Like, I'm a huge fan. From the moment I like to start with you as like, oh my gosh, there's someone doing this work. And that's super exciting. So anyway. So my name is Cecilia dinero on the internet's everywhere, you can find me as goddess Cecilia. Yeah, correctly, cci li a very important. I am a pleasure educator and consultants. And otherwise known as like the mermaid goddess, because I have this. I've always loved the ocean. I'm Filipina, you know, and so being near the ocean is a big part of my life. And I, you know, kind of one day decided, why can't I do both? Right? Like, I think being an elder millennial. We are in this opportunity to be able to build what we want to build, and there's just so much possibility. So I said, Yeah, let's do it. I want to be sort of a mermaid persona and also do like sexuality and pleasure, education and consultant work. And I got into it a little bit by accident. I was in grad school to get my MSW my social work degree. And I discovered sort of the retail side of the sexuality and pleasure world. So I got into a doing home parties, which was a lot of fun, like so much fun, I learned so much. And I found that a lot of the questions that I was getting from the adults at these parties, were really kind of the same questions that I was getting from youth that I was working with in my day job. And I, in my mind, it was like, there's a huge disconnect that happened here. And something should be done about that. And I've been in the field now for over 16 years. And in that time, I've discovered that youth education is extremely fulfilling. But there are so many hurdles. And I mean, even to this day, there's so much, there's so much pushback right now against, like sex ed for youth, even though it's, in my opinion, like such an important part of life. And I am, I actually really enjoy working with adults like college age and up really, because we really get to go into the nitty gritty of everything, like I don't have to censor myself, I don't have to worry about what your parents are going to think, you know, I can be really honest with you about what I know and to be able to share this information that I have them because I'm doing the work to learn about it like I want to I want to share this information because it's it's information I think we all need to know and it's just information about ourselves.

L

Leslie Tagorda 12:00

Yes, our bodies that essential sensuality and pleasure and just all of that. So I'm so excited that you wanted to come on because really, today I wanted to chat about on my podcast about what it means to own your star powers. And so just to let you know that the fangirl thing is mutual because when when, when you signed up for Written in the Stars, and I was like looking at people's charts and things and like following their Instagrams and like, oh, wait, I already follow her. Oh my gosh, this is the Celia oh my god, I think both of our work. There's some parallels in our work as being identifying as Filipina and really doing like the decolonization that that decolonizing your mind work and really finding our value and our wholeness when so much of our Filipino identity is wrapped in subversiveness and subservience. And so I just love the work that you were doing from body positivity, and sexual empowerment and pleasure Empowerments. I just wanted to say yay. So the second thing that I really wanted you to come on to the podcast about owning your star power is that we got to work together over the last few weeks, first in written in the stars, which is my introductory course for how to read your natal chart for business. And then you dove into Star powered position, which is a four week intensive with a tuning to your natal chart to really differentiate your business and find those specific keys that make you just like, just so like just blows everybody out of the water because you're so uniquely you. And I've seen you do some amazing fear lists. So maybe there was

some fear in there, but like, courageous things in your business sense that and I don't want to take credit for that. But I believe that you attuning to your star powers in your natal chart really gave you that courage to take those big risks.

C

Cecilia Villero 14:29

Absolutely. Well, so I feel like there was before before doing your programs, I there were always these like little voices and I had like friends and other colleagues sort of giving me advice and you know, from from their perspective from their absolutely wonderfully adept and professional and relevant experience. Um, And there was still this like, oh, you know, I don't know if I don't know if what I do is right. You know, like, I think that it's really easy to get really comfortable, right? In a position that we're in. And to be like, You know what, this is really comfortable, I understand how this works, maybe I just want to make my life easier by seeing in what is more comfortable, quote, unquote. But really, when I think back the the comfortability was not actually comfortable, you know what I mean? And there was, there was just a lot of this like, like wrestling internally inside of me, like, this doesn't feel like it aligns anymore. And I think that I need to kind of move away from this ERD, this model that I had built my career on, to shape something totally different. And when I did your workshops, when I did Written in the Stars, there was so much of this, and I remember telling you this, like, there was so much of this, like, oh my gosh, like I've, I've said that before, I've used similar language before, I thought about these things in the past, but never as something to focus on just as like, oh, yeah, this is just kind of my side idea. And like, I'm gonna write it down and like, save it for later. And so being able to understand more of my chart and, and having it really mirror, a lot of the thoughts that I've had in the past was extremely validating, you know, and then, starpower position, just like really helped to hammer in. But in the less violent sounding way. Really, like help to lay I think I found the foundation that was missing for a really long time. Because I think, for me, specifically, so much of my identity had been connected to other organizations to this idea of like, well, I have to work for somebody else, or, you know, I have to be a part of someone else's thing, in order to feel belonging, in a way. And, and I think it kind of gave me permission to see the possibility of being able to do my own thing. Extremely frightening as that is, you know, and know that, at the very least, it aligns with my values. And, and the things that I want to create and build.

L

Leslie Tagorda 18:12

That is so wonderful. If I may reflect on just a couple of things that I hear you saying, right? When you're talking about just like that place of just being in stasis in being in the known, right, because it's safe. Yeah, right. We a lot of times in our work and in our businesses, we're afraid to jump into the unknown. As business owners, our jobs are to take these like risks that are aligned, that take us to the next place. But sometimes it's just safer, even though it's so uncomfortable, to just stay in the known. And so that was that feeling that you're feeling like, ah, like, this doesn't fit me anymore. This is not aligning me. And, you know, maybe my friends or my family or society is telling me that I got to stay in this job because I should have like a legitimate job, I should have a boss because that will give you my legitimacy, because I can't possibly be my own expert. Right. Right. It's like that's such like, society does a really good job at teaching us that. Right. Yeah. And then when you started to look at your natal chart from this place of like, oh, how am I really supposed to express myself into the outer world? Through my, my, my quote unquote, brand, meaning just like how am I supposed to make an impression in

the world? You're like, oh, wait, I was already doing this at a certain point. And the funny thing is, like, I always catch myself like, I told Jeff the other day, I was like, Oh my gosh, we're bringing back a phrase that I use 14 years ago in my business. Because ultimately, we're always expressing through our charts. It's but now when we kind of do this, like star powered work, what's really happening is we're being more intentional and bringing awareness to the parts that need to amplify and be more visible and just like radiate. So the, that was super exciting. So, okay, so you I know that you kind of mentioned just like kind of feeling that kind of state of stasis and discomfort in your business. But what were you really wanting to achieve? Like, despite all your friends, your family? What was that burning inside of

 Cecilia Villero 20:34

you? Oh my gosh. So well, I feel like I should lay it out a little bit right like Taurus Sun Aries Aquarius rising.

 20:46

Celia what to do?

 Cecilia Villero 20:48

Boy, yeah, I feel like I should put that on a business card.

 Leslie Tagorda 20:54

Don't tell me what to do.

 Cecilia Villero 20:56

Sometimes you to remind my husband that sometimes. So here we go. But, um, so what I've always been really drawn to, was this idea of, I think this is this is the idea that I had in the past. And, and it was because it was available to me, or this was what was, I think, available to me as far as like, quote, unquote, realistic, right, was to have, like a physical space, where people would be able to come and learn and have open and honest conversations without judgment, to learn how to communicate, not I mean, yes, with other people, but like, to really, truly understand themselves. And to be able to tap into pleasure, as a form of healing, from trauma from stress, you know, from so many things, and of course, like sexual pleasure is part of it. But I really think of pleasures being a lot more holistic. And, and because it's interesting, because I do feel like, when I see non sex educators talking about pleasure, they don't ever talk about sexuality, or I don't see it very often, like, maybe they'll like touch on it a little bit, but they never actually go into it. And then when I see other sex educators talking about pleasure, it's very much only within the sexuality bracket. And I'm like, well, there's, it doesn't have to be mutually exclusive. There really, there's a lot of crossover, there's a lot of bridging between the two, they don't have to be separate, because one is quote, unquote, more acceptable than the other.

L Leslie Tagorda 22:58

Like, it's almost like, it's like hearing like, one half of your people are talking about pleasure from like, just super clinical part of like, pleasure. And then the other half are talking about pleasure as just like this very decadent, self serving, gluttonous, gluttonous is that the word? kind of aspect, but you're like, No, wait, there's more. There's

C Cecilia Villero 23:21

so much more. And I actually think that a lot of people try not to talk about the vulnerable sides the like, difficult stuff. And I'm like, no, no, no, mix it all in, like, throw it all in, we have to talk about everything, and put it literally out on the table for all of us to see, so that we can be really open and honest with ourselves, much less with each other, you know, but definitely with ourselves about what feels good, what doesn't feel good, like, what fulfills us, and everything. So, so, because I did I focus so much originally, in my business on the retail side, I know that I ended up sort of like leaning into a lot of the, like, capitalist mindset. And I know that that had really, that was a huge block for me, because there was so many little hurdles. And it was interesting, because the hurdles are like, but I actually want to take care of people. You know, and that, I know that that's not always going to be well, I mean, I think there's a lot of value in it. Hello, Taurus, sun, right? stuff. Right? And also, like, I want my work to be valued. And also I want the work to be valued, like, important and valuable, you know, and I think that it's Um, points. Staying in the retail side of it wasn't enough.

L Leslie Tagorda 25:06

It sounds like that retail side, especially with your Taurus sun. And in the third house right? There was if with just the retail side it was like just too superficial. Yeah. Like the Taurus part loves having, like beautiful things and being surrounded by beautiful things. But that Taurus sun in the third house, it's like, well, it has to teach me something. Right, right. And so I see you, like, there was this part of you like, I am an educator. Right? And when girl through and through and then that because you want to share information. And that Taurus, part of you is like, but this is embodied? How does this make me feel peaceful and pleasurable and cozy and tactile in my own body? And so you are you are able to really discern what wasn't working for you, and give yourself permission from seeing your natal chart and being like, yeah, that is it. This is why I need to do it this way.

C Cecilia Villero 26:07

Right, right. And like, even in all of the parties that I've done, all of the events that I've done, where the focus was more retail, I know for a fact that I did a lot of education there. And at some point, I mean, the way I'm phrasing it now is I feel like I was giving away a lot without the recognition. Right. I think that's the Aries, man.

L Leslie Tagorda 26:31

Aries Moon is like, look at me and look at all the value that I'm giving you.

C Cecilia Villero 26:36

And the best. Well, I mean,

L Leslie Tagorda 26:41

own it. Oh, that we're talking about Star powers and philia you got to own that.

C Cecilia Villero 26:46

Ya know? So, but every time I would do those parties, I would always walk the best part of it for me always was the connection with people the ability to have people say to me at the end of it. Wow. Like I learned so much about myself. I came to this party just thinking it was gonna be like weird and uncomfortable. Yeah, I'm, like, I learned so much about myself. And I feel really comfortable. And you made this feel really comfortable like talking about this. And like, wherever you like when I was younger, like I would have had love to have these conversations. I'm like, well, here I am now.

L Leslie Tagorda 27:26

You weren't ready, then you're ready now?

C Cecilia Villero 27:29

You're ready? No, yeah.

L Leslie Tagorda 27:32

Oh my gosh, I just I love that. So that's so much about you. And then also with that, your Aquarius rising right? If you're, you're Taurus sun is just really good at that feel good in the body part and teaching people how to feel good in their body. That Aries moon, your business now is honoring you to show up and claim that you are the best and that you're passionate about this. And then your Aquarius rising. There's nobody else that is almost like not radicalizing, right, but you're innovating the way that people see pleasure, as a place of healing pleasure as a place of embodiment. Pleasure as a place of education. Pleasure as a source of power. Like, oh, Cecilia, you got it.

C Cecilia Villero 28:26

Yeah. So here's you in a funny another funny sort of connection is that I have a workshop entitled, reclaiming your power through pleasure. You know, and so, like, when you when you

talk to when we were talking about the power piece, I was like, oh, oh my gosh, like it was just another example of like, oh, shit I've been I've I've been doing

L Leslie Tagorda 28:55

this, and now I have to do more of it. No,

C Cecilia Villero 28:57

I have to do more of it. Yes. Yeah. Well,

L Leslie Tagorda 29:00

I saw you make a couple of big changes instantaneously, after we've worked together. And that's what was just like, so impressive to like, instantaneously make the changes, right? Because for some people, yes. It's super, super hard to make change. But can I share the changes that you saw you that I saw you do. Number one, you like, rewrote all your marketing, like boom, boom, blah, blah, blah. Yeah, I was like, Look, she's using the language that we already came up and started power position like, like you didn't like even wait a blink. It was like done.

C Cecilia Villero 29:38

Oh, I mean, I will be honest, and say it did take me like, I felt like I had to like okay, I still have them all here. I printed out like all of it. I still have them in front of me on my computer. And I have to like I have to sit them there. And every couple of times, like every couple of days, I would kind of look back through the notes and like because I would think about it all the time. And then one day, I have my passion planner here. I was like, I need to sit and see everything on like, a page, right? Like write everything down. And really Yeah, just kind of reorganize everything because I think, I think what I was doing, I was thinking of things backwards, or like the direction wasn't, I don't want to say the right direction, but it was a little bit like, windy. And I just needed to do just like a slight curve, like on it, you know what I mean? So I've had I have like, Oh, I love like, the, you know, the what I do, why I do, how I lead, who I serve, the ones who was them. And then I mean, he talks a little bit about the first, second and third houses, and how those interact with how I how I initiate things and how I do stuff. And I was like, Well, I feel like that's also a little bit of a value statement for me. So it was a lot of writing things down. I use my erasable pens. Nice. No. So there's a lot of like, erase that didn't work. And we'll try again. So it, it felt in my mind, like it took a little bit of time. But I mean, all that fixed energy, once I got kind of started, even though it was 1am. At some point, I was like I still need to, there's still more things like coming out of my brain. So I need to write them down. But yeah, you're channeling

L Leslie Tagorda 31:37

well, and thank you for kind of some of the feedback because now I got that vision of like, Oh, I

just need like a little worksheet at the end like for people to like put in all their places, all the things that they could see it all in one place. And like, it'll start to like even solidify and crystallize even better. So yeah, thank you, Cecilia, for that. The second big massive change I saw you do was you took a massive leap of faith. And you released something that was kind of a safety net for you for so long. Can you share about that a little bit?

C Cecilia Villero 32:15

Well, so this was this was the the part of my business that I was really wrestling with, was leaving a company that I had that honestly started my career in the sex ed world. And, you know, I'm I'm like fiercely loyal, almost to a fault. Oh, that fixed energy. Yeah. And, um, and I think that there was this false idea in my mind where, well, if you're loyal, you stay. Right. And I know, as a pleasure, and sexuality educator, that that's not always true, right? In relationships, you can love people and care for them. And having boundaries is really important. Right and having and being able to say, you know, this isn't kind of working for me right now, I need to take step back, I need to take some time for myself, I need to separate completely, even if it doesn't necessarily mean that I don't love and care for the company or want people to succeed. Like I would love like, they're still very much deep inside of me this like I want them all, I want everyone to succeed and thrive and like, live their best lives. And also, I don't have to be there to help me get happen. Yes, yeah. are really like realistically, I've done a lot. And it's time for me to do more for myself.

L Leslie Tagorda 34:02

So you made that you let go of a big part of your identity and your career. And you took a leap of faith. And how have you landed so far?

C Cecilia Villero 34:13

You know, it's been really lovely. It's fallen. I mean, it fell right into the eclipse season. You know, which felt really right. And interestingly, it's been it's, it's felt lighter. I've given myself the opportunity to go slower to like, rest when I need to rest and we're still I'm still working through the like, don't like not feeling guilty about it. Because I am like working from home and I have a three year old and You know, my, my husband, my partner works full time. And I still am like, you know, I'm tired. Like, I didn't get enough sleep. So I need to I'm just gonna take a little nap, you know, and not feel bad about it. Yeah.

L Leslie Tagorda 35:17

If so thinking about like our time together, right? What, what if, what of what I've meant for you just personally, I'm workwise if you didn't change anything,

C Cecilia Villero 35:31

oh my gosh. Realistically, I didn't change anything. I think that my body would start telling me that there's something wrong, because it already kind of was. And I had taken a slightly

and there's something wrong, because it already kind of was. And I had taken a slightly smaller, big step last year by quitting like a day job with them. Because it was another thing that I was just like, this isn't feeling right anymore. And I need to shift my focus. So it was like a little baby step, but not the full step that I needed to take. And it was also because I was really feeling it in my body. Like, I was getting very intense physical pains and I wasn't doing any, like physical labor where like, I was sitting at a desk I was driving to and from, you know, and there was not a lot of real physical demands and yet my body was like that you're working in the wrong way.

L Leslie Tagorda 36:38

Oh, my gosh, I'm so just thinking about like, if you had still continued on that path, like where would your poor body be? Oh, my gosh, not pleasurable, right. Like with your Taurus sun, your body. It's like, you know, when you're lit up is like when you're when your body feels pleasure, and when it feels light when it feels free.

C Cecilia Villero 36:58

Yeah. Oh, yeah. And it was just so much of an eye. And it affected for sure, like, my own pleasure, because I think it was doing too much sort of band aiding over it like, well, it's fine, because, you know, I have these like little perks and those are fine. You know what I mean? But it was like, that's not it wasn't enough. Ah,

L Leslie Tagorda 37:28

well, you know, after I have a few more questions, so what was your like, favorite part of working with star power? Do you astrology? Me?

C Cecilia Villero 37:39

Oh, my gosh. Um, I mean, first of all, I when I found you, I'm like, gosh, I'm so bad. And I feel like you need to look this up really quick so I can properly credit the person who, who I found you through. Um, let me just look really quick. I should have done this.

L Leslie Tagorda 37:59

And I'm thinking of all of like our like Filipino. It's a colonial wasn't.

C Cecilia Villero 38:06

I was listening to the mind money ballon.

L Leslie Tagorda 38:09

Oh, Lindsey. Yeah. Tim Ryan Pavan.

C Cecilia Villero 38:13

Yeah, so I have I don't remember, there was a conference or something in which she spoke and I was like, wow, you know, like, I, I'm, I mean, this, I'm realizing that this is like a whole other part of my, like, healing slash wounded journey that I'm like, Oh, shit. But, you know, growing up, I grew up in LA. I'm, I'm a 1.5 immigrants. And all of my Filipino people were my family. Yeah, I did. We didn't realize outside of my family, my friend group was like, extremely multicultural. And like I but I also didn't have a lot of other like a huge group of like, other Filipino friends. And then I moved to Boston, where there is not I mean, there is actually a Filipino community, but it's 100% not the same as LA. And probably the worst thing that I've done is follow a bunch of like, restaurant and food places that are located in LA and San Francisco, because they're not here. There's some great Filipino food out here. Don't get me wrong, they're wonderful. But I'm like, give me more Give me more. Give me more. Hmm. Um, and so at the time that that I discovered Lindsey and that I've happened to listen to that episode, because you know, I'm, I've been a fan of astrology for a very long time. It was like, Oh my gosh, there's, there's someone who's Filipino who's doing this work. And I, I had never really seen it and I was like, read need to tap in and learn from other, you know, Filipinos in the world who are doing, you know, different pieces. And so I'm trying to be really conscious about following more Filipino Filipino X Filipino creators business folks, and tapping into to that to also build sort of this like, a resource base for myself because I think, you know, there's there's, I mean we've shared

L Leslie Tagorda 40:30

shared culture shared history shared wounding.

C Cecilia Villero 40:33

Right, exactly. And the whole piece about representation, you know, like, it's, it has definitely been lacking in my life. And I think that there's, I'm trying to kind of build that in now, very intentionally. And so that, you know, off the bat, I was like, very excited about this, I've loved the, the information that you were putting out, because it felt really accessible to me. And there was this, like, sort of breakdown that felt like, okay, you know, like, this is also really related to the information that I need, you know, in my life. And, yeah, and I think that in the startup, powered, well, obviously, both workshops, it's almost hard for me sometimes to, like, separate the two because they were both so I think really important. Yeah,

L Leslie Tagorda 41:31

they float into each other, like, Richard in the stars is definitely like a prerequisite to like, all of the astrology work.

C Cecilia Villero 41:38

Yes. And there was just a lot of really being fit, just feeling seen. And it felt really comfortable to, like, hear this information that was sometimes a little challenging. You know, but, but it felt very much like, handled with care, and, like, very compassionate. And, and I mean, I think that you just have a great personality. And I think that you're very, I love your openness. And I love that you're willing to share, like, so much of yourself and your journey through this as well. Because I feel like I'm the same way. And like, I think it's really important for people to know where we're at, in the same things that like we're trying to educate people on.

L Leslie Tagorda 42:35

Yeah, there was, I know, like, we, we did talk a lot about a lot of challenging things. And there's a reason, right, we talk about those challenging things in our work because it really is part of our identity. And it's part of the wisdom that we're supposed to put back into our work. And if we're not talking about those challenging parts, and like facing them, like face to face, right, then they get bypassed and you were not able to do the super authentic things from like a place of fear. And so those places those kinds of soft, soft sensitive places we go there we go there because it makes it allows us it allows you to do the risky, courageous actions like you just like just really are so like, just great at so I have another question and then we'll kind of like wrap up. But thinking about like astrology and using your own astrology and your own star powers in your natal chart to make decisions in your leadership and your change making and your business what what was like the biggest like AHA or impact that you're like, oh my gosh, this is like wonderful.

C Cecilia Villero 43:57

Oh my gosh, I really feel like it allowed me to really be more authentic with myself and I think that's a little bit for like Aquarius rising I was I guess I was fighting with in a way or like pushing up against but there was so much of the the validation and the feeling like oh, you know, like I got this I got this because it's, this is already part of me. I got this. This is me. Right? This is me. It really is such an interesting, there's a piece I 100% I'm not like the most well versed in everything and everything is still very new to me as far as the being able to like take a parts or take take things piece by piece and then connecting it to the larger picture. It really was this very mind opening eye opening experience and I think there's a little bit of like, I don't need to understand all of the details to know that it still felt good and and like it made sense.

L Leslie Tagorda 45:18

I love that so much like just taking hearing you come from like, I love astrology, I might not have all of the details, but like all of this really made sense and like validated and allowed you to be fully you like that is truly like owning your star power. And last question, right? Because even though we're doing all this work for our change making and for our business, I'm certain the other things have changed in just in your life in general.

C Cecilia Villero 45:46

Oh, yeah. Yeah. I mean, I think I think the ability to tap into the parts that that like, I didn't

Oh, yeah. Yeah, I mean, I think I think the ability to tap into the parts that, that like, I didn't know why I felt this way, or being being able to, like really be truly okay with how I was reacting to certain things. I think it really gave me a lot of insight to like, oh, okay, well, I'm doing this because, you know, like, this is what's happening in my chart right now. Everybody like everybody.

L Leslie Tagorda 46:21

And I'm like, no excuses. Understanding.

C Cecilia Villero 46:24

Oh, you Yeah, my chart says, you know, and I actually think it's made me feel more brave, in a way. Because there was so much of this feeling of like, oh, well, you know, I, I want to be authentic, but I don't want to hurt anyone else's feelings. You know, um, and I think that I'm realizing like, oh, well, I think my authenticity is still really important and really valid, and I can, I'm not going to be mean, you know, but it's, it's not, like, me still being me is still my priority, or can be my priority, which is a hard thing for a mom to feel. And at the same time, I'm like, well,

L Leslie Tagorda 47:23

I need it because of your Aries moon. Right? Right it. Oh, my goodness. Well, thank you so much, Cecilia, for sharing your story. I'm curious if anybody wants to work with you or learn more about what you're doing? What do you have coming up? And how can people find you?

C Cecilia Villero 47:47

Well, people can find me everywhere as at goddess Cecilia, God de SSCECILIA. And so like, please follow me on Instagram, Twitter, Tik Tok, Facebook, and a right now things are still I'm trying to sort of map things out for the new year. But I do offer sort of one on one consultations with folks. I'm okay with doing couples, but my focus is really on the individual. I'm much prefer that because I think so often. So often people get so stuck in, well, I want to be able to please my partner. really forget about themselves in the project.

L Leslie Tagorda 48:36

I just I could have like the I was like barf. Like, really?

C Cecilia Villero 48:43

No, I mean, like, that's great. And also like, have you had the opportunity to tap into what you need? Yeah. So open to one on one consultations. I you know, eventually we'll be opening up for more events in the new year. But I will I my my plan right now is to have a little bit of an

online community. So

L Leslie Tagorda 49:09

I think you putting together a little school, a little library of pleasure.

C Cecilia Villero 49:13

Yes. Yes, actually something like, yeah,

L Leslie Tagorda 49:18

we can talk. Thank you, Cecilia. And everybody definitely follow Cecilia goddess Cecilia, on Instagram, she dropped some amazing content. It's just, it's good for all of us to embody our own pleasure. Thank you. Well, thank you for listening to that conversation. What would it mean for you to own your superpowers, just like Cecilia did to make these changes with bravery, to know the exact words and to know exactly where you fit in in your industry. If that is different from everybody else, what would it feel like for you to be able to fully express an embody? No one else does this like I do? Well, there's an easy way remember to join me for my free masterclass radiate because I am going to let you in on all of those secrets. So head on over to [starpower.com](https://www.starpower.com) forward slash radiate the masterclasses on Monday, I'm only giving this once and the replay will be available for just a short time. All right, friends, I will talk to you soon. As a human design projector, my energy shines more brightly because of people like you who share my work. If you enjoy this podcast and want to help build a movement of innovative astrology and leadership and spark the intuitive revolution, please rate and review this podcast on Apple podcasts or better yet, share this podcast with your change making besties will all shine brighter together as we create the future we want to see